


Monday July 1st

BASIC 4:00-4:30pm BASIC BBC 4:30-4:45pm
Lil Dragons 4:45pm-5:15pm
5:15-6:00pm Kids Brazilian Jiu-Jitsu
6:00-6:45pm Intermediate Advanced
6:45 - 7:30PM Muay Thai Kickboxing

MON
1 Open

Tuesday July 2

4:30 - 5:15pm Intermediate Advanced
5:15-6:00pm Intermediate Advanced
BASIC 6:00 - 6:30pm BASIC BBC 6:30- 6:45PM
6:45 - 7:30PM Intermediate Advanced  Adult Karate students
7:30 -8:30PM Brazilian Jiu-Jitsu JIU-JITSU 

TUE
2 Open

JULY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Open	2 Open	3 Closed	4 Closed	5 Closed	6 Closed
7 Closed	8 Closed	9 Open	10 Weapons		12	13
14	15 Closed	16 GaGa Ball /Leadership			19	20
21	22 Closed	23 Sparring		25	26 Game Night 5-8pm	27
28	29 Closed	30	31	S T A R W E E K		